### The Conservators of Therfield Heath and Greens The Therfield Regulation Trust c/o Royston Golf Club, Baldock Rd, Royston, SG8 5BG

Registered Charity No. 277881 VAT number 217195410

## **Outdoor Fitness Permit**

## **Application Form**

Please send the completed form to:

The Clerk to the Conservators of Therfield Heath & Greens, c/o Royston Golf Club, Baldock Rd, Royston, SG8 5BG or email: clerk@therfieldheath.org.uk

Before submitting please ensure that you have read and understand the Terms and Conditions and Code of Conduct (see over). All applications are subject to approval by the Conservators.

If you have any enquires, contact us on 0744	49 705345
1. Your details	
First name:	Last name:
Company name:	
Address:	
Postcode:	
Telephone number:	Email:
Vehicle registration:	Website:
2. <b>Application type</b> - please delete as a	appropriate
Renewal / New Application	Permit Number (if applicable)
Proposed number of clients per set  Proposed number of classes per we  Proposed area of the site to use  Will your classes include any child  Please note that the fee is subject to ann	eek Iren?
Frease note that the fee is subject to aim	udi Teview
<ol> <li>Terms and conditions</li> <li>I enclose copies of the documents listed</li> </ol>	over leaf
I have read and agree to abide by the Te	erms and Conditions of the permit and the Code of Conduct – detailed overleaf
Signed:	Date:
STAFF TO COMPLETE	
Annual outdoor fitness permit	From to
Total paid: £	Date paid:
Permit number:	Staff initials:

To be retained by purchaser as proof of purchase

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#### TERMS AND CONDITIONS OF PERMIT AND CODE OF CONDUCT

VAT number 217195410

The Conservators of Therfield Heath and Greens reserve the right to suspend permits for breach of the Fitness Regulations. Permit badges must be displayed while training where it can be seen easily by representatives of the Conservators. Any Personal Trainer found not to be displaying a permit will be asked to leave the Heath.

You will need to provide electronic copies of the following documents for your application to be processed:

- Evidence of Public Liability Insurance minimum of £5m
- Evidence of Fitness Qualifications and REPS level 3 status or equivalent
- A sample of your PAR-Q (Physical Activity Readiness Questionnaire).
- A signed and dated Risk Assessment to cover your sessions
- A brief written policy on your emergency procedures (First Aid, Accident Reporting)

When submitting each of the above documents, please ensure that your business name is clearly stated in each file name.

#### You must abide by the following:

No amplified music or audio equipment, whistles and loud shouting or other intrusive noise-generating activities.

No aggressive, intimidating or unreasonably noisy training activities that interferes with the comfort of other visitors.

Do not use any objects to mark out an area and imply exclusive use.

Do not erect any permanent signs or advertising.

No large items of keep fit equipment shall be used on the Trust's land other than hand held equipment e.g. jogging weights, kettle bells, and resistance bands. Nothing shall be stored on site.

No park structures such as trees and furniture should be used for training purposes.

No wheeled vehicle may be taken out of the car park onto Therfield Heath or the Greens.

Only use the site as agreed when your permit was purchased. If you wish to make any changes, you must contact us beforehand.

In addition to this code of conduct, you must abide by our byelaws, which are listed on our website.

#### Please:

Help protect the Heath by avoiding wet and eroded areas

Be aware of the rough and sometimes slippery nature of the terrain

Be considerate and courteous to all other Heath users at all times

Please remember, Therfield Heath is privately owned and run by a charity. It receives no local authority funding. Commercial outdoor fitness groups are making money from using the site and we think it only fair to ask you to make a contribution to the upkeep of the site.

Outdoor fitness businesses with a permit will be entitled to a small advert on our website linking to their site.

If you have information about people abusing these Terms and Conditions or Code of Conduct, for example those who are offering training without a permit or acting in an unsafe or irresponsible manner or causing damage to the SSSI call us on 07449 705345.

#### Fitness Trainers and participants use the Heath at their own risk.

The Conservators reserve the right to alter the terms and conditions and to revoke or refuse permits if the code of conduct is breached.